## Lawrence University Two Day Baseball Camp



Experience College Baseball Learn what it takes to be a successful STUDENT-ATHLETE.

> December 29<sup>TH</sup> and 30<sup>TH</sup>, 2015 at Quarry Fieldhouse 535 Anderson, Romeoville IL 60446

10U

Offensive Skills 9:00 - 10:30 Defensive Skills 10:30 - 12:00 (\$35 per session or both for \$60)

11U / 12U Defensive Skills 9:00 - 10:30 Offensive Skills 10:30 - 12:00 (\$35 per session or both for \$60) 13U / 14U Offensive Skills 12:00 - 1:30 Defensive Skills 1:30 - 3:00 (\$35 per session or both for \$60)

High School Student-Athletes Defensive Skills 12:00 - 1:30 Offensive Skills 1:30 - 3:00 (\$45 per session or both for \$80)

SPACE IS LIMITED

**Defense:** We will go through throwing progressions while emphasizing proper mechanics and technical footwork. Participants will be divided into pitchers / catchers, infielders and outfielders to emphasize technical and tactical skills.

**Offense:** We will introduce and/or reinforce proper technical hitting mechanics and tactical; situational hitting, base running, and base stealing.

Instruction will be lead by Head Baseball Coach Jason Anderson and Lawrence University team members.



# Lawrence University Two Day Baseball Camp

#### Informed Consent Form:

University Baseball Camp December 2 Baseball coaches to provide emergence qualified medical personnel consider tr	by give my permission forto participate in Lawrence rsity Baseball Camp December 29th and 30th, 2015. Further, I authorize Lawrence University ball coaches to provide emergency treatment of any injury or illness my child may experience if ed medical personnel consider treatment necessary and perform the treatment. This authorization is ed only if I cannot be reached and a reasonable effort has been made to do so.			
Date Paren	t or guardian			
Address				
Phone	Cell phone			
risks associated with participation in the participants, the effects of the weather,	ing in Baseball is a potentially hazardous activity. We assume all is sport, including, but not limited to, falls, contact with other traffic, and other reasonable risk conditions associated with the own and appreciated by my child and me.			
We understand this informed consent f	orm and agree to its conditions.			
Child's signature	Date			
Parent's or guardian's signature	Date			
Emergency Contact Information: Athlete's name	Age			
Address				
Home phone	Cell phone			
List two persons to contact in case				
Parent's or guardian's name				
	Cell phone			
Second person's name	Relationship to athlete			
Are you allergie to any druge?	Cell phone If so,what?			
Do you have any allergies (e.g. here	e stings or dust)?			
	abetes, or epilepsy? (Check any that apply)			
Do you take any medications?	_ If so, what?			
Do you wear contact lenses?				
Family physician	Phone			
Other				
raient Signature	Date			

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### December 29<sup>TH</sup> and 30<sup>TH</sup>, 2015 Quarry Fieldhouse 535 Anderson, Romeoville IL 60446

PAYMENT FORM					
Name					
Age Group	Session	"X" all that apply	Cost		
10U	Offense (9:00am - 10:30am)		(\$35)		
10U	Defense (10:30am - 12:00pm)		(\$35)		
11U/12U	Offense (10:30am - 12:00pm)		(\$35)		
11U/12U	Defense (9:000am - 10:30pm)		(\$35)		
13U/14U	Offense (12:00pm - 1:30pm)		(\$35)		
13U/14U	Defense (1:30pm - 3:00pm)		(\$35)		
High School	Offense (1:30pm - 3:00pm)		(\$45)		
High School	Defense (12:00pm - 3:00pm)		(\$45)		
Deduct \$10 if signing up for both offense and defense sessions					
(Please make check payable to Lawrence Baseball) Total		\$			

Check, Payment Form, Informed Consent Form, and Emergency Contact Information may be mailed to:

#### Lawrence University Baseball Camps c/o Jason Anderson 711 E Boldt Way Appleton WI 54911 (PLEASE MAIL BY DECEMBER 15, 2015)

OR

Let us know you are coming at jason.m.anderson@lawrence.edu. Then print, bring forms, submit and pay at the door.

