

**Midwest Conference Indoor Championships**  
**Illinois College - King Field House**  
**Jacksonville, Ill - 2/24/2017 to 2/25/2017**  
**Results - Friday**

**Women 60 Meter Dash**  
**Top 8 Advance by Time**

|           |   |      |             |                                 |
|-----------|---|------|-------------|---------------------------------|
| MWC Meet: | * | 7.78 | 2014        | Camdiofuma Eze-Echesi, Illinois |
| Facility: | & | 7.69 | 2015        | Yanique Ellington, Lincoln (MO) |
| Name      |   |      | Year School | Prelims H#                      |

Preliminaries

|    |                  |    |                  |       |         |
|----|------------------|----|------------------|-------|---------|
| 1  | Andrea Hyde      | FR | Illinois College | 7.95q | 3       |
| 2  | Valarie Varanese | SO | Knox             | 7.99q | 2       |
| 3  | Briana Gardner   | SR | Monmouth         | 8.03q | 1       |
| 4  | Nicole Zeman     | SR | Ripon            | 8.09q | 1       |
| 5  | TaShea' Tinglin  | SR | Monmouth         | 8.24q | 2       |
| 6  | Aleeshah Heinzen | SO | Beloit           | 8.25q | 3       |
| 7  | Nikki Leach      | SR | Cornell College  | 8.26q | 1       |
| 8  | Maya Lamson      | FR | Cornell College  | 8.32q | 1 8.312 |
| 9  | Mekenzie Mattes  | FR | St. Norbert      | 8.32  | 2 8.316 |
| 10 | Erin Lang        | SR | St. Norbert      | 8.33  | 2       |
| 11 | Cynthia Myers    | SO | Monmouth         | 8.38  | 3       |
| 12 | Jordan Maddaus   | SO | Grinnell         | 8.40  | 2       |
| 13 | Fanita Robins    | FR | Lawrence         | 8.42  | 3       |
| 14 | Jourdan Plautz   | SR | Beloit           | 8.48  | 1 8.474 |
| 15 | Joselynn Allen   | FR | Illinois College | 8.48  | 3 8.477 |
| 16 | Rose Unger       | FR | Knox             | 8.53  | 2       |
| 17 | Alexa Walker     | FR | Illinois College | 8.65  | 3       |
| 18 | Ellen Lehr       | SO | Ripon            | 8.66  | 3       |
| 19 | Kaitlyn Hintz    | SR | St. Norbert      | 8.70  | 1       |
| 20 | Lynn Nguyen      | FR | Grinnell         | 8.74  | 2       |
| 21 | Jazie Taylor     | FR | Cornell College  | 8.82  | 1       |
| 22 | Selah Mystic     | FR | Grinnell         | 9.53  | 1       |
| 23 | Laura Lehmann    | SO | Beloit           | 9.59  | 2       |

**Women 1 Mile Run**

|           |   |         |             |                                 |
|-----------|---|---------|-------------|---------------------------------|
| MWC Meet: | * | 5:01.32 | 2/26/2016   | Brittany Kozlowski, St. Norbert |
| Facility: | & | 4:58.78 | 2016        | Elizabeth Kiblinger, Maryville  |
| Name      |   |         | Year School | Finals H# Points                |

Finals

|    |                    |    |                 |         |   |    |
|----|--------------------|----|-----------------|---------|---|----|
| 1  | Brittany Kozlowski | SR | St. Norbert     | 5:03.86 | 2 | 10 |
| 2  | Taylor Domro       | JR | St. Norbert     | 5:04.95 | 2 | 8  |
| 3  | Joanna Podosek     | JR | Monmouth        | 5:13.18 | 2 | 6  |
| 4  | Shannon Young      | SR | Grinnell        | 5:15.10 | 2 | 5  |
| 5  | Ellie Waddle       | SR | Beloit          | 5:19.30 | 2 | 4  |
| 6  | Lisa Baeten        | JR | St. Norbert     | 5:22.16 | 2 | 3  |
| 7  | Kate Kilgus        | JR | Lawrence        | 5:23.44 | 2 | 2  |
| 8  | Amy Wollenburg     | JR | Monmouth        | 5:41.23 | 2 | 1  |
| 9  | Dominique Fleming  | SO | Cornell College | 5:49.63 | 1 |    |
| 10 | Karin Yndestad     | JR | Grinnell        | 5:56.77 | 1 |    |
| 11 | Lexi Ferenzi       | FR | Cornell College | 5:59.17 | 2 |    |
| 12 | Meaghan Dorsey     | SO | Knox            | 6:00.08 | 1 |    |

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**....Women 1 Mile Run**

|    |                  |                     |         |   |
|----|------------------|---------------------|---------|---|
| 13 | Stephanie Voller | SO Cornell College  | 6:01.32 | 1 |
| 14 | Sophie Wynde     | SO Grinnell         | 6:12.11 | 1 |
| 15 | Theresa Birzer   | SO Knox             | 6:14.99 | 1 |
| 16 | Frances Knaggs   | FR Beloit           | 6:15.26 | 1 |
| 17 | Rebecca Lucas    | FR Illinois College | 6:52.91 | 1 |
| 18 | Farzana Ahmed    | SO Knox             | 6:58.68 | 1 |

**Women 5000 Meter Run**

MWC Meet: \* 17:22.02 2/26/2016 Sanjuanita Martinez, Cornell  
 Facility: & 17:28.35 2012 Megan O'Grady, Carroll

| Name | Year             | School             | Finals    | Points |
|------|------------------|--------------------|-----------|--------|
| 1    | Abrah Masterson  | JR Cornell College | 17:15.61* | 10     |
| 2    | Erin Artz        | SR St. Norbert     | 17:18.01* | 8      |
| 3    | Hannah Kinzer    | JR Lawrence        | 18:54.54  | 6      |
| 4    | Anna Ahrens      | SO Grinnell        | 19:00.51  | 5      |
| 5    | Tori Nelsen      | JR St. Norbert     | 19:03.34  | 4      |
| 6    | Sarah Parbs      | JR St. Norbert     | 19:25.11  | 3      |
| 7    | Mikayla Fujiwara | FR Grinnell        | 19:33.05  | 2      |
| 8    | Jillian Rix      | SO Grinnell        | 20:14.40  | 1      |
| 9    | Kelci Foss       | JR Monmouth        | 20:16.56  |        |
| 10   | Emily Sneed      | SR Beloit          | 20:26.12  |        |
| 11   | Carly Pierson    | SR Cornell College | 20:30.94  |        |
| 12   | Molly Doruska    | SO Lawrence        | 20:31.95  |        |
| 13   | Joanna Furlan    | FR Beloit          | 21:08.45  |        |
| 14   | Katelynn Propes  | SR Monmouth        | 21:09.39  |        |
| 15   | Morgan Barnard   | FR Cornell College | 21:30.07  |        |
| 16   | Courtney Fine    | FR Lawrence        | 21:50.29  |        |
| 17   | Emily Miller     | SO Knox            | 22:51.97  |        |

**Women 60 Meter Hurdles**

**Top 8 Advance by Time**

MWC Meet: \* 8.62 2013 Missy Norville, Illinois College  
 Facility: & 8.57 2015 Ladonna Richards, Lincoln (MO)

| Name                 | Year                | School              | Prelims | H# |
|----------------------|---------------------|---------------------|---------|----|
| <b>Preliminaries</b> |                     |                     |         |    |
| 1                    | Nikki Leach         | SR Cornell College  | 9.25q   | 1  |
| 2                    | Vanessa Caldwell    | FR Monmouth         | 9.29q   | 2  |
| 3                    | Haidyn Mueller      | SO St. Norbert      | 9.36q   | 1  |
| 4                    | Michaela Kowalewski | FR Knox             | 9.77q   | 2  |
| 5                    | Peyton McCauley     | SO St. Norbert      | 9.82q   | 1  |
| 6                    | Teagan Wernicke     | SR St. Norbert      | 10.01q  | 2  |
| 7                    | Maya Petersen       | FR Ripon            | 10.12q  | 2  |
| 8                    | Callista DeCramer   | FR Ripon            | 10.37q  | 1  |
| 9                    | Libby Schnoor       | JR Cornell College  | 10.47   | 2  |
| 10                   | Lexi Coffey         | FR Illinois College | 10.65   | 1  |

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**....Women 60 Meter Hurdles**

|                   |                    |       |   |
|-------------------|--------------------|-------|---|
| 11 Gwen Holtzman  | SO Grinnell        | 10.66 | 2 |
| 12 Cara Bresnahan | SO Grinnell        | 10.88 | 1 |
| 13 Hallie Sogin   | FR Lawrence        | 11.09 | 2 |
| 14 Breann Grell   | SR Cornell College | 11.11 | 1 |

**Women 4x200 Meter Relay**

|             |         |      |                                 |        |           |
|-------------|---------|------|---------------------------------|--------|-----------|
| MWC Meet: * | 1:44.05 | 2000 | Monmouth                        |        |           |
|             |         |      | Jackson, Hoops, Moredock, Estes |        |           |
| Facility: & | 1:42.35 | 2008 | S. Ill. U. Edwardsville         |        |           |
| School      |         |      |                                 | Finals | H# Points |

**Finals**

|                           |         |   |    |
|---------------------------|---------|---|----|
| 1 Monmouth                | 1:47.65 | 2 | 10 |
| 1) Briana Gardner SR      |         |   |    |
| 2) TaShea' Tinglin SR     |         |   |    |
| 3) Beka Wollenburg SR     |         |   |    |
| 4) Vanessa Caldwell FR    |         |   |    |
| 2 St. Norbert             | 1:48.22 | 2 | 8  |
| 1) Maddie LeBrun FR       |         |   |    |
| 2) Sarah Duff SO          |         |   |    |
| 3) Erin Lang SR           |         |   |    |
| 4) Mekenzie Mattes FR     |         |   |    |
| 3 Ripon                   | 1:49.04 | 2 | 6  |
| 1) Emma Allen JR          |         |   |    |
| 2) Nicole Zeman SR        |         |   |    |
| 3) Callista DeCramer FR   |         |   |    |
| 4) Maya Petersen FR       |         |   |    |
| 4 Cornell College         | 1:49.55 | 2 | 5  |
| 1) Sydney Strunk SR       |         |   |    |
| 2) Emma Cochrane SO       |         |   |    |
| 3) Maya Lamson FR         |         |   |    |
| 4) Zaria Lambert FR       |         |   |    |
| 5 Illinois College        | 1:49.65 | 2 | 4  |
| 1) Joselynn Allen FR      |         |   |    |
| 2) Ali Pankey FR          |         |   |    |
| 3) Alexa Walker FR        |         |   |    |
| 4) Andrea Hyde FR         |         |   |    |
| 6 Knox                    | 1:51.64 | 1 | 3  |
| 1) Michaela Kowalewski FR |         |   |    |
| 2) Valarie Varanese SO    |         |   |    |
| 3) Rose Unger FR          |         |   |    |
| 4) Caroline Hickey JR     |         |   |    |
| 7 Beloit                  | 1:52.55 | 1 | 2  |
| 1) Jourdan Plautz SR      |         |   |    |
| 2) Melissa Pelkey SO      |         |   |    |
| 3) Sophia Miliotis SO     |         |   |    |
| 4) Aleeshah Heinzen SO    |         |   |    |
| 8 Grinnell                | 1:53.40 | 1 | 1  |
| 1) Jordan Maddaus SO      |         |   |    |
| 2) Lynn Nguyen FR         |         |   |    |
| 3) Yolana Martin FR       |         |   |    |
| 4) Autumn McMillan FR     |         |   |    |
| 9 Lawrence                | 1:56.11 | 1 |    |
| 1) Mikaela Hintz FR       |         |   |    |
| 2) Janey Degnan JR        |         |   |    |
| 3) Fanita Robins FR       |         |   |    |
| 4) Hallie Sogin FR        |         |   |    |

**Women 1600 Sprint Medley**

|             |         |      |                                       |        |           |
|-------------|---------|------|---------------------------------------|--------|-----------|
| MWC Meet: * | 4:09.12 | 2009 | St. Norbert                           |        |           |
|             |         |      | Swanson, Meyer, Schudrowitz, Graybill |        |           |
| Facility: & | 4:13.17 | 2012 | Grinnell                              |        |           |
| School      |         |      |                                       | Finals | H# Points |

|            |          |   |    |
|------------|----------|---|----|
| 1 Monmouth | 4:12.59& | 2 | 10 |
|------------|----------|---|----|



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**....Women 1600 Sprint Medley**

|                       |                        |         |     |   |
|-----------------------|------------------------|---------|-----|---|
| 1) Beka Wollenburg SR | 2) TaShea' Tinglin SR  |         |     |   |
| 3) Isabella Kosier JR | 4) Joanna Podosek JR   |         |     |   |
| 2 St. Norbert         |                        | 4:13.21 | 1   | 8 |
| 1) Maddie LeBrun FR   | 2) Sarah Duff SO       |         |     |   |
| 3) Kaitlyn Hintz SR   | 4) Haley Joosten SR    |         |     |   |
| 3 Cornell College     |                        | 4:19.65 | 1   | 6 |
| 1) Sydney Strunk SR   | 2) Zaria Lambert FR    |         |     |   |
| 3) Libby Schnoor JR   | 4) Emma Cochrane SO    |         |     |   |
| 4 Lawrence            |                        | 4:33.40 | 2   | 5 |
| 1) Janey Degnan JR    | 2) Fanita Robins FR    |         |     |   |
| 3) Mikaela Hintz FR   | 4) Kate Kilgus JR      |         |     |   |
| 5 Ripon               |                        | 4:38.62 | 2   | 4 |
| 1) Ellen Lehr SO      | 2) Miye Aoki-Kramer FR |         |     |   |
| 3) Emma Allen JR      | 4) Terrina Phillips FR |         |     |   |
| 6 Illinois College    |                        | 5:02.56 | 2   | 3 |
| 1) Alexa Walker FR    | 2) Kelsey Meegan FR    |         |     |   |
| 3) Ali Pankey FR      | 4) Rebecca Lucas FR    |         |     |   |
| -- Beloit             |                        |         | FS  | 1 |
| 1) Jourdan Plautz SR  | 2) Aleeshah Heinzen SO |         |     |   |
| 3) Melissa Pelkey SO  | 4) Ellie Waddle SR     |         |     |   |
| -- Grinnell           |                        |         | DNF | 1 |
| 1) Jordan Maddaus SO  | 2) Lynn Nguyen FR      |         |     |   |
| 3) Zoe Schmiechen JR  | 4) Shannon Young SR    |         |     |   |

**Women High Jump**

|           |                   |       |      |                              |      |      |      |      |        |         |        |
|-----------|-------------------|-------|------|------------------------------|------|------|------|------|--------|---------|--------|
| =====     |                   |       |      |                              |      |      |      |      |        |         |        |
| MWC Meet: | *                 | 1.71m | 1987 | Vicci Verbrick, St. Norbert  |      |      |      |      |        |         |        |
| Facility: | &                 | 1.75m | 2010 | Sarah Maxson, Springfield HS |      |      |      |      |        |         |        |
| Name      |                   |       | Year | School                       |      |      |      |      | Finals |         | Points |
| =====     |                   |       |      |                              |      |      |      |      |        |         |        |
| 1         | Samantha Morateck |       | SR   | St. Norbert                  |      |      |      |      | 1.70m  | 5-07.00 | 10     |
|           | 1.24              | 1.29  | 1.34 | 1.39                         | 1.44 | 1.49 | 1.54 | 1.59 | 1.64   | 1.70    | 1.72   |
|           | P                 | P     | P    | P                            | P    | O    | O    | O    | XO     | XO      | XXX    |
| 2         | Madi Schulenberg  |       | SR   | Monmouth                     |      |      |      |      | 1.59m  | 5-02.50 | 8      |
|           | 1.24              | 1.29  | 1.34 | 1.39                         | 1.44 | 1.49 | 1.54 | 1.59 | 1.64   |         |        |
|           | P                 | P     | P    | P                            | O    | O    | XXO  | XXO  | XXX    |         |        |
| 3         | Libby Schnoor     |       | JR   | Cornell College              |      |      |      |      | 1.54m  | 5-00.50 | 5.50   |
|           | 1.24              | 1.29  | 1.34 | 1.39                         | 1.44 | 1.49 | 1.54 | 1.59 |        |         |        |
|           | P                 | P     | P    | P                            | P    | O    | O    | XXX  |        |         |        |
| 3         | Madeline Ward     |       | FR   | Illinois College             |      |      |      |      | 1.54m  | 5-00.50 | 5.50   |
|           | 1.24              | 1.29  | 1.34 | 1.39                         | 1.44 | 1.49 | 1.54 | 1.59 |        |         |        |
|           | P                 | P     | P    | P                            | O    | O    | O    | XXX  |        |         |        |
| 5         | Darice Brooks     |       | JR   | Monmouth                     |      |      |      |      | 1.49m  | 4-10.50 | 4      |
|           | 1.24              | 1.29  | 1.34 | 1.39                         | 1.44 | 1.49 | 1.54 |      |        |         |        |
|           | P                 | P     | O    | O                            | O    | XXO  | XXX  |      |        |         |        |
| 6         | Katrina Lewis     |       | JR   | Cornell College              |      |      |      |      | 1.44m  | 4-08.75 | 3      |
|           | 1.24              | 1.29  | 1.34 | 1.39                         | 1.44 | 1.49 |      |      |        |         |        |
|           | P                 | P     | O    | XO                           | O    | XXX  |      |      |        |         |        |



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**....Women High Jump**

|    |                               |                    |        |         |      |
|----|-------------------------------|--------------------|--------|---------|------|
| 7  | Aleeka Gentzler               | FR Monmouth        | J1.44m | 4-08.75 | 2    |
|    | 1.24 1.29 1.34 1.39 1.44 1.49 |                    |        |         |      |
|    | P P O O XXO XXX               |                    |        |         |      |
| 8  | Morgan Pinardi                | SO St. Norbert     | 1.34m  | 4-04.75 | 0.50 |
|    | 1.24 1.29 1.34 1.39           |                    |        |         |      |
|    | P O O XXX                     |                    |        |         |      |
| 8  | Carlee Zander                 | FR Ripon           | 1.34m  | 4-04.75 | 0.50 |
|    | 1.24 1.29 1.34 1.39           |                    |        |         |      |
|    | P O O XXX                     |                    |        |         |      |
| 10 | Hannah Mader                  | FR St. Norbert     | J1.34m | 4-04.75 |      |
|    | 1.24 1.29 1.34 1.39           |                    |        |         |      |
|    | P O XXO XXX                   |                    |        |         |      |
| 11 | Kieanna Rebers                | FR Cornell College | 1.29m  | 4-02.75 |      |
|    | 1.24 1.29 1.34                |                    |        |         |      |
|    | P O XXX                       |                    |        |         |      |
| 11 | Maya Petersen                 | FR Ripon           | 1.29m  | 4-02.75 |      |
|    | 1.24 1.29 1.34                |                    |        |         |      |
|    | O O XXX                       |                    |        |         |      |
| 13 | Gwen Holtzman                 | SO Grinnell        | 1.24m  | 4-00.75 |      |
|    | 1.24 1.29                     |                    |        |         |      |
|    | O XXX                         |                    |        |         |      |
| 14 | Anita Brugioni                | FR Beloit          | J1.24m | 4-00.75 |      |
|    | 1.24 1.29                     |                    |        |         |      |
|    | XO XXX                        |                    |        |         |      |
| 14 | Jaime Lepito                  | FR Beloit          | J1.24m | 4-00.75 |      |
|    | 1.24 1.29                     |                    |        |         |      |
|    | XO XXX                        |                    |        |         |      |
| -- | Kadiata Tombou                | SO Grinnell        |        | NH      |      |
|    | 1.24                          |                    |        |         |      |
|    | XXX                           |                    |        |         |      |
| -- | Jourdan Plautz                | SR Beloit          |        | NH      |      |
|    | 1.24                          |                    |        |         |      |
|    | XXX                           |                    |        |         |      |

**Women Long Jump**

|           |                   |       |                    |                   |                  |        |
|-----------|-------------------|-------|--------------------|-------------------|------------------|--------|
| =====     |                   |       |                    |                   |                  |        |
| MWC Meet: | *                 | 6.41m | 2013               | Missy Norville,   | Illinois College |        |
| Facility: | &                 | 5.99m | 2013               | Melissa Norville, | Illinois College |        |
| Name      |                   |       | Year School        | Finals            |                  | Points |
| =====     |                   |       |                    |                   |                  |        |
| 1         | Samantha Morateck |       | SR St. Norbert     | 5.22m             | 17-01.50         | 10     |
|           | 5.22m             | PASS  | PASS               | FOUL              | 4.66m 5.06m      |        |
| 2         | Libby Schnoor     |       | JR Cornell College | 5.13m             | 16-10.00         | 8      |
|           | FOUL              | 5.00m | 5.11m              | FOUL              | 5.13m FOUL       |        |
| 3         | Emma Allen        |       | JR Ripon           | 5.02m             | 16-05.75         | 6      |
|           | 4.99m             | 4.95m | 4.95m              | 4.94m             | 5.02m FOUL       |        |
| 4         | Aleeshah Heinzen  |       | SO Beloit          | J5.02m            | 16-05.75         | 5      |
|           | 5.02m             | 4.69m | 4.91m              | 4.82m             | 4.83m 4.80m      |        |

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**...Women Long Jump**

|    |                                     |                     |        |          |   |
|----|-------------------------------------|---------------------|--------|----------|---|
| 5  | Sydney Jones                        | SO Monmouth         | 4.96m  | 16-03.25 | 4 |
|    | 4.85m 4.96m 4.96m FOUL 4.89m 4.91m  |                     |        |          |   |
| 6  | Darice Brooks                       | JR Monmouth         | 4.83m  | 15-10.25 | 3 |
|    | 4.83m 4.82m 4.62m 4.72m 4.53m 4.79m |                     |        |          |   |
| 7  | Nikki Leach                         | SR Cornell College  | J4.83m | 15-10.25 | 2 |
|    | 4.76m 4.82m 4.74m 4.71m 4.83m FOUL  |                     |        |          |   |
| 8  | Monica Pappas                       | FR Illinois College | 4.78m  | 15-08.25 | 1 |
|    | FOUL 4.73m 4.59m FOUL 4.78m 4.60m   |                     |        |          |   |
| 9  | Ashley Castellanos                  | SR Monmouth         | 4.74m  | 15-06.75 |   |
|    | 4.66m FOUL 4.70m 4.74m 4.51m 4.67m  |                     |        |          |   |
| 10 | Shay Rule                           | JR Cornell College  | 4.69m  | 15-04.75 |   |
|    | FOUL 4.57m 4.69m                    |                     |        |          |   |
| 11 | Malerie Mech                        | FR Beloit           | 4.68m  | 15-04.25 |   |
|    | 4.63m FOUL 4.68m                    |                     |        |          |   |
| 12 | Cara Bresnahan                      | SO Grinnell         | 4.66m  | 15-03.50 |   |
|    | 4.15m 4.66m 4.41m                   |                     |        |          |   |
| 13 | Erin Lang                           | SR St. Norbert      | 4.61m  | 15-01.50 |   |
|    | 4.61m 4.50m 4.53m                   |                     |        |          |   |
| 14 | Bailey Leitschuh                    | SO Illinois College | 4.58m  | 15-00.50 |   |
|    | 3.92m 4.45m 4.58m                   |                     |        |          |   |
| 15 | Teagan Wernicke                     | SR St. Norbert      | 4.51m  | 14-09.75 |   |
|    | 4.51m FOUL 4.44m                    |                     |        |          |   |
| 16 | Yolana Martin                       | FR Grinnell         | 4.45m  | 14-07.25 |   |
|    | 4.41m 4.45m 4.38m                   |                     |        |          |   |
| 17 | Moi Yamazaki                        | JR Beloit           | 4.36m  | 14-03.75 |   |
|    | 4.36m 4.32m 4.00m                   |                     |        |          |   |
| 18 | Brenna Ori                          | SR Lawrence         | 4.16m  | 13-07.75 |   |
|    | 3.89m 4.03m 4.16m                   |                     |        |          |   |
| 19 | Skye Mibbs                          | SR Illinois College | 4.12m  | 13-06.25 |   |
|    | FOUL FOUL 4.12m                     |                     |        |          |   |
| 20 | Haylee Conradt                      | SO Ripon            | 4.06m  | 13-04.00 |   |
|    | FOUL FOUL 4.06m                     |                     |        |          |   |

**Women Shot Put**

|           |   |                     |                                   |          |    |  |
|-----------|---|---------------------|-----------------------------------|----------|----|--|
| =====     |   |                     |                                   |          |    |  |
| MWC Meet: | * 14.12m                                  | 2013                | Allison Devor, Monmouth           |          |    |  |
| Facility: | & 14.50m                                  | 2016                | K.D. Young, Warrensburg-Latham HS |          |    |  |
| Name      | Year                                      | School              | Finals                            | Points   |    |  |
| =====     |   |                     |                                   |          |    |  |
| 1         | Kristina Herman                           | SO St. Norbert      | 12.96m                            | 42-06.25 | 10 |  |
|           | 12.69m FOUL 12.96m 12.81m 12.58m FOUL     |                     |                                   |          |    |  |
| 2         | Madison Benson                            | SR Illinois College | 12.51m                            | 41-00.50 | 8  |  |
|           | 11.66m 12.00m 12.17m 12.15m 12.51m 12.02m |                     |                                   |          |    |  |
| 3         | Savanna Smith                             | SO St. Norbert      | 11.87m                            | 38-11.50 | 6  |  |
|           | 11.23m 11.47m 11.58m 10.93m 11.21m 11.87m |                     |                                   |          |    |  |
| 4         | Lilly Mendez                              | JR Monmouth         | 11.78m                            | 38-07.75 | 5  |  |
|           | 11.78m 11.16m 11.43m 11.12m 11.11m 11.50m |                     |                                   |          |    |  |
| 5         | Octavia Martinez                          | SO Cornell College  | 11.52m                            | 37-09.50 | 4  |  |
|           | FOUL 11.03m 11.08m 11.45m 11.05m 11.52m   |                     |                                   |          |    |  |

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**....Women Shot Put**

|    |                      |      |                     |                      |          |   |
|----|----------------------|------|---------------------|----------------------|----------|---|
| 6  | Hannah Kruse         |      | JR St. Norbert      | 11.07m               | 36-04.00 | 3 |
|    | 11.01m 11.07m        | FOUL | FOUL                | 10.79m 10.61m        |          |   |
| 7  | MacKenzie Heinz      |      | SO Illinois College | 10.90m               | 35-09.25 | 2 |
|    | 9.87m 10.90m 10.57m  |      |                     | 10.84m 10.58m 10.31m |          |   |
| 8  | Emily Weedman        |      | JR Monmouth         | J10.90m              | 35-09.25 | 1 |
|    | 10.90m 10.81m 10.12m |      |                     | 10.39m 10.47m 10.71m |          |   |
| 9  | Callista DeCramer    |      | FR Ripon            | 10.57m               | 34-08.25 |   |
|    | 10.57m 9.16m         | FOUL |                     | 9.53m 9.78m 9.78m    |          |   |
| 10 | Shontoria Pratt      |      | SR Knox             | 10.42m               | 34-02.25 |   |
|    | 10.42m 10.03m 9.80m  |      |                     |                      |          |   |
| 11 | Markie Mulchay       |      | FR Illinois College | 10.41m               | 34-02.00 |   |
|    | 10.34m 10.09m 10.41m |      |                     |                      |          |   |
| 12 | Josie Zabran         |      | FR Beloit           | 10.13m               | 33-03.00 |   |
|    | 10.09m 10.12m 10.13m |      |                     |                      |          |   |
| 13 | Alice Lee            |      | SO Knox             | 9.84m                | 32-03.50 |   |
|    | 9.53m 9.84m 9.62m    |      |                     |                      |          |   |
| 14 | Tobin Carlson        |      | FR Lawrence         | 9.75m                | 32-00.00 |   |
|    | 7.74m 9.75m 9.42m    |      |                     |                      |          |   |
| 15 | Tayah Hiser          |      | FR Ripon            | 9.46m                | 31-00.50 |   |
|    | 9.46m                | FOUL |                     | 9.26m                |          |   |
| 16 | Megan O'Meara        |      | FR Beloit           | 9.24m                | 30-03.75 |   |
|    | 9.24m 8.85m 8.78m    |      |                     |                      |          |   |
| 17 | Brielle Petit        |      | FR Lawrence         | 8.52m                | 27-11.50 |   |
|    | 8.21m 8.14m 8.52m    |      |                     |                      |          |   |
| 18 | Missy Eilbes         |      | FR Lawrence         | 8.33m                | 27-04.00 |   |
|    | FOUL 8.33m           | FOUL |                     |                      |          |   |
| 19 | Rebekah Evans        |      | JR Beloit           | 7.93m                | 26-00.25 |   |
|    | 7.60m 7.93m 7.68m    |      |                     |                      |          |   |

**Men 60 Meter Dash**

**Top 8 Advance by Time**

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=====
MWC Meet: * 6.89 2013          Kiante Green, Monmouth
Facility: & 6.70 2014          DeMarcus Jackson, Central Method
Name                Year School                Prelims H#
=====

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Preliminaries

|    |                |  |                     |       |         |
|----|----------------|--|---------------------|-------|---------|
| 1  | Husani Newbold |  | JR Cornell College  | 7.06q | 3       |
| 2  | Malik Hamilton |  | SO Knox             | 7.08q | 2       |
| 3  | Ethan Reschke  |  | SR Monmouth         | 7.09q | 1       |
| 4  | Colin O'Brien  |  | SR St. Norbert      | 7.13q | 3       |
| 5  | Gregary Cross  |  | JR Illinois College | 7.15q | 1       |
| 6  | Austin Bunders |  | FR Ripon            | 7.16q | 1       |
| 7  | Brett Peifer   |  | SO Illinois College | 7.19q | 3       |
| 8  | Andrew Shults  |  | SR Grinnell         | 7.21q | 2       |
| 9  | Adam Weigman   |  | SO St. Norbert      | 7.22  | 2       |
| 10 | Nife Williams  |  | FR Illinois College | 7.26  | 2 7.255 |
| 11 | Bright Boachie |  | FR St. Norbert      | 7.26  | 3 7.256 |
| 12 | Erik Henderson |  | SO Grinnell         | 7.26  | 1 7.258 |

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**....Men 60 Meter Dash**

|                       |                    |      |   |
|-----------------------|--------------------|------|---|
| 13 Stone Darrow       | FR Monmouth        | 7.29 | 1 |
| 14 Mickey Hines       | FR Cornell College | 7.30 | 2 |
| 15 Donnye Sommerville | JR Knox            | 7.44 | 1 |
| 16 Lucas Sondgeroth   | FR Monmouth        | 7.47 | 2 |
| 17 Chip Scott         | SO Grinnell        | 7.49 | 3 |
| 18 Jason Dormon       | SO Beloit          | 7.68 | 3 |
| 19 Wasonu Allen       | FR Lawrence        | 7.69 | 1 |
| 20 Alec Auston        | FR Knox            | 7.72 | 3 |
| 21 Tyree Smith        | SO Beloit          | 7.86 | 2 |
| 22 Charles Yibokou    | FR Cornell College | 8.09 | 1 |

**Men 1 Mile Run**

=====

MWC Meet: \* 4:16.67 2005 Zach Barr, Monmouth  
 Facility: & 4:11.32 2014 Wylie Mangelsdord, Principia  
 Name Year School Finals H# Points

=====

Finals

|                            |                     |         |   |    |
|----------------------------|---------------------|---------|---|----|
| 1 Tate Heiple              | SO Monmouth         | 4:31.65 | 2 | 10 |
| 2 Caleb Wilson             | SO Cornell College  | 4:32.38 | 2 | 8  |
| 3 Mason Wicker             | SO Cornell College  | 4:34.07 | 2 | 6  |
| 4 Cuyler Gabriel           | SO Cornell College  | 4:36.17 | 2 | 5  |
| 5 Bryent Van De Wostine    | SO Monmouth         | 4:36.49 | 2 | 4  |
| 6 Ryan Adams               | SR Ripon            | 4:37.81 | 2 | 3  |
| 7 Charles Sandberg         | FR Beloit           | 4:38.00 | 2 | 2  |
| 8 Ben Behling              | SO St. Norbert      | 4:38.20 | 2 | 1  |
| 9 Josh Tvrdy               | SR Knox             | 4:39.99 | 1 |    |
| 10 Pieter Hansen           | SR Grinnell         | 4:40.18 | 2 |    |
| 11 Connor Gregorich-Trevor | Grinnell            | 4:40.48 | 1 |    |
| 12 Matt Holloway           | FR St. Norbert      | 4:43.96 | 2 |    |
| 13 Matthew Phipps          | FR Grinnell         | 4:44.62 | 1 |    |
| 14 Jonathan Rico           | SO Knox             | 4:45.44 | 1 |    |
| 15 Andrew Johnson          | FR Ripon            | 4:46.94 | 2 |    |
| 16 Samuel Hernandez        | FR Knox             | 4:47.99 | 1 |    |
| 17 Noah Sisson             | FR Beloit           | 4:52.89 | 1 |    |
| 18 Connor Duke             | FR Illinois College | 4:58.20 | 1 |    |
| 19 Teddy Kortenof          | JR Lawrence         | 4:59.17 | 1 |    |
| 20 Anthony Canton          | FR Illinois College | 5:15.61 | 1 |    |
| 21 Aaron Arthur            | FR Lawrence         | 5:30.60 | 1 |    |

**Men 5000 Meter Run**

=====

MWC Meet: \* 14:53.27 2013 Jack Barr, Monmouth  
 Facility: & 14:44.32 2008 Evan Kiptoo, Lindenwood  
 Name Year School Finals Points

=====

|                 |             |          |    |
|-----------------|-------------|----------|----|
| 1 Josh Janusiak | SO Lawrence | 15:18.88 | 10 |
| 2 John Lennon   | Grinnell    | 15:30.34 | 8  |
| 3 Cooper Pauley | JR Monmouth | 15:39.41 | 6  |





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**....Men 5000 Meter Run**

|                     |                    |          |   |
|---------------------|--------------------|----------|---|
| 4 Dan Arkes         | SO Beloit          | 15:55.83 | 5 |
| 5 Daniel Krewson    | Grinnell           | 16:03.34 | 4 |
| 6 Jarek Kish        | FR Ripon           | 16:06.00 | 3 |
| 7 Ben Schaefer      | SO Lawrence        | 16:15.73 | 2 |
| 8 Alberto Torres    | JR Beloit          | 16:24.50 | 1 |
| 9 Matthew McDermott | SO Cornell College | 16:24.82 |   |
| 10 Anthony McLean   | SR Grinnell        | 16:31.90 |   |
| 11 Tucker Horan     | SR Cornell College | 16:40.74 |   |
| 12 Sam Holt         | SR St. Norbert     | 16:55.59 |   |
| 13 Alec Timpe       | SO Lawrence        | 17:29.16 |   |
| 14 Zachary Stoll    | JR Cornell College | 17:30.81 |   |
| 15 Joe Peacock      | SR Beloit          | 17:33.12 |   |
| 16 Andrew Hebbring  | FR St. Norbert     | 17:52.15 |   |
| 17 James Woolley    | JR Knox            | 19:03.45 |   |

**Men 60 Meter Hurdles**  
**Top 8 Advance by Time**

=====

|             |      |        |                                  |
|-------------|------|--------|----------------------------------|
| MWC Meet: * | 8.25 | 2012   | Justin Johnson, St. Norbert      |
| Facility: & | 8.00 | 2011   | Andre Townsend, Hannibal-LaGrang |
| Name        | Year | School | Prelims H#                       |

=====

**Preliminaries**

|                     |                     |       |   |       |
|---------------------|---------------------|-------|---|-------|
| 1 Vaughn Gentzler   | JR Monmouth         | 8.42q | 2 |       |
| 2 Payton Holmes     | SR Monmouth         | 8.43q | 3 |       |
| 3 Jose Gutierrez    | SO Beloit           | 8.54q | 1 |       |
| 4 Carl O'Connor     | SO Monmouth         | 8.95q | 2 |       |
| 5 Sean Kisch        | JR Illinois College | 9.05q | 3 |       |
| 6 Dan Sandacz       | SO Lawrence         | 9.10q | 2 |       |
| 7 Courtney Bingham  | SO Beloit           | 9.11q | 2 |       |
| 8 Nicklas Mucciante | FR Illinois College | 9.18q | 3 | 9.177 |
| 9 Matthew Miller    | FR Beloit           | 9.18  | 3 | 9.178 |
| 10 Todd Peterson    | SO Ripon            | 9.55  | 1 |       |
| 11 Zach McNanna     | FR Cornell College  | 9.78  | 1 |       |
| 12 John Gallagher   | Grinnell            | 10.13 | 1 |       |
| 13 Noah Kleiman     | FR St. Norbert      | 10.29 | 3 |       |
| 14 Sammy Salinas    | SO Illinois College | 10.61 | 2 |       |
| 15 Ethan Huelskamp  | FR Grinnell         | 10.65 | 1 |       |
| 16 Ty Atkins        | FR Lawrence         | 10.67 | 3 |       |
| 17 Josh Miller      | FR Grinnell         | 11.55 | 2 |       |

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**Men 4x200 Meter Relay**

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=====
MWC Meet: * 1:28.64 2005 Monmouth
                Rundle, Gross, Franks, Boma
Facility: & 1:28.64 2005 Monmouth
School                                               Finals H# Points
=====
    
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Finals

|                          |                            |   |    |
|--------------------------|----------------------------|---|----|
| 1 St. Norbert            | 1:30.21                    | 2 | 10 |
| 1) Jon Gregory SO        | 2) Ryan Grandlic SR        |   |    |
| 3) Michael DeGroot FR    | 4) Colin O'Brien SR        |   |    |
| 2 Monmouth               | 1:30.43                    | 2 | 8  |
| 1) Ethan Reschke SR      | 2) Payton Holmes SR        |   |    |
| 3) Vaughn Gentzler JR    | 4) Stone Darrow FR         |   |    |
| 3 Illinois College       | 1:31.13                    | 2 | 6  |
| 1) Brett Peifer SO       | 2) Chris Moore SO          |   |    |
| 3) Rylan Hynek FR        | 4) Gregory Cross JR        |   |    |
| 4 Cornell College        | 1:32.74                    | 2 | 5  |
| 1) Husani Newbold JR     | 2) Mickey Hines FR         |   |    |
| 3) Ethan Berube SO       | 4) Jordan Proby SO         |   |    |
| 5 Knox                   | 1:33.14                    | 2 | 4  |
| 1) Malik Hamilton SO     | 2) Shadrack Ofori-Boadi SO |   |    |
| 3) Donnye Sommerville JR | 4) Jeremy Rainey-Brown SR  |   |    |
| 6 Grinnell               | 1:33.58                    | 1 | 3  |
| 1) Andrew Shults SR      | 2) Chip Scott SO           |   |    |
| 3) Jonathan Braun SR     | 4) Erik Henderson SO       |   |    |
| 7 Ripon                  | 1:33.59                    | 1 | 2  |
| 1) Jacob Baus JR         | 2) Austin Bunders FR       |   |    |
| 3) Mherete Mherete SR    | 4) Parker Anding JR        |   |    |
| 8 Lawrence               | 1:34.43                    | 1 | 1  |
| 1) Will Nichols FR       | 2) Noah Shea FR            |   |    |
| 3) Terrell Myers FR      | 4) Dan Sandacz SO          |   |    |
| 9 Beloit                 | 1:35.11                    | 1 |    |
| 1) Jose Gutierrez SO     | 2) Jason Dormon SO         |   |    |
| 3) Jake Westrich SO      | 4) Dewight Walker SR       |   |    |

**Men 1600 Sprint Medley**

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=====
MWC Meet: * 3:32.78 2013 Carroll
                Miskov, Bloor, Witt, Pruitt
Facility: & 3:33.37 2005 Grinnell
School                                               Finals H# Points
=====
    
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|                      |                       |   |    |
|----------------------|-----------------------|---|----|
| 1 St. Norbert        | 3:36.31               | 1 | 10 |
| 1) Jon Gregory SO    | 2) Ryan Grandlic SR   |   |    |
| 3) Tyler Lewis SR    | 4) Andrew Brath SO    |   |    |
| 2 Ripon              | 3:37.63               | 2 | 8  |
| 1) Parker Anding JR  | 2) Mherete Mherete SR |   |    |
| 3) Jacob Baus JR     | 4) Michael Allen SR   |   |    |
| 3 Beloit             | 3:39.26               | 2 | 6  |
| 1) Jose Gutierrez SO | 2) Jason Dormon SO    |   |    |

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**....Men 1600 Sprint Medley**

|                            |                        |         |   |   |
|----------------------------|------------------------|---------|---|---|
| 3) Dewight Walker SR       | 4) Jack Klobucar SO    |         |   |   |
| 4 Knox                     |                        | 3:39.45 | 1 | 5 |
| 1) Shadrack Ofori-Boadi SO | 2) Malik Hamilton SO   |         |   |   |
| 3) Jeremy Rainey-Brown SR  | 4) Diego Morones FR    |         |   |   |
| 5 Grinnell                 |                        | 3:40.99 | 1 | 4 |
| 1) Jonathan Braun SR       | 2) Erik Henderson SO   |         |   |   |
| 3) Andrew Shults SR        | 4) Nathaniel Crail SR  |         |   |   |
| 6 Monmouth                 |                        | 3:43.08 | 2 | 3 |
| 1) Stone Darrow FR         | 2) Lucas Sondgeroth FR |         |   |   |
| 3) Jay Gray SO             | 4) Tyler Bland SO      |         |   |   |
| 7 Cornell College          |                        | 3:43.60 | 2 | 2 |
| 1) Jordan Proby SO         | 2) Zach McNanna FR     |         |   |   |
| 3) Albert Lopez FR         | 4) Matt Stoll FR       |         |   |   |
| 8 Illinois College         |                        | 3:46.59 | 1 | 1 |
| 1) Brian Kruzan SO         | 2) Caleb Rybolt SO     |         |   |   |
| 3) Jaxon Rieke SO          | 4) Kyle Adams FR       |         |   |   |
| 9 Lawrence                 |                        | 3:48.23 | 2 |   |
| 1) Terrell Myers FR        | 2) Will Nichols FR     |         |   |   |
| 3) Noah Shea FR            | 4) Max Edwards SR      |         |   |   |

**Men Pole Vault**

MWC Meet: \* 5.27m 2008 Peter Sprecher, Monmouth  
 Facility: & 5.20m 2010 Peter Sprecher, Monmouth  
 Facility: & 5.20m 2010 Stephanos Koufidis, Culver-Stockton

| Name  | Year | School           | Finals | Points      |
|---|------|------------------|--------|-------------|
| 1 Dan Evers   | JR   | Monmouth         | 5.01m  | 16-05.25 10 |
| 3.51 3.66 3.81 3.96 4.11 4.26 4.41 4.56 4.71 4.86 5.01 5.18 |      |                  |        |             |
| P P P P P P P P XO P O XO XXX                               |      |                  |        |             |
| 2 Sean Kisch  | JR   | Illinois College | 4.41m  | 14-05.50 8  |
| 3.51 3.66 3.81 3.96 4.11 4.26 4.41 4.56                     |      |                  |        |             |
| P P P XXO XXO XXO XO XXX                                    |      |                  |        |             |
| 3 Max Schermacher   | FR   | St. Norbert      | 4.26m  | 13-11.75 6  |
| 3.51 3.66 3.81 3.96 4.11 4.26 4.41                          |      |                  |        |             |
| P P P O O O O XXX   |      |                  |        |             |
| 4 Frank Scandin   | SO   | St. Norbert      | J4.26m | 13-11.75 5  |
| 3.51 3.66 3.81 3.96 4.11 4.26 4.41                          |      |                  |        |             |
| P O O O O XO XXX  |      |                  |        |             |
| 5 Ibuki Ogasawara   | SR   | Grinnell         | J4.26m | 13-11.75 4  |
| 3.51 3.66 3.81 3.96 4.11 4.26 4.41                          |      |                  |        |             |
| P P P O XXO XO XXX  |      |                  |        |             |
| 6 Tristin Marx  | SO   | St. Norbert      | J4.26m | 13-11.75 3  |
| 3.51 3.66 3.81 3.96 4.11 4.26 4.41                          |      |                  |        |             |
| P P XO O XXO XXO XXX  |      |                  |        |             |
| 7 Wes Hetcher   | SR   | Lawrence         | 3.81m  | 12-06.00 2  |
| 3.51 3.66 3.81 3.96   |      |                  |        |             |
| P O XO XXX  |      |                  |        |             |



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**Men Shot Put**

| Name                   | Year   | School                               | Finals | Points        |
|------------------------|--------|--------------------------------------|--------|---------------|
| MWC Meet: * 16.80m     | 2001   | Eric Holmes, Monmouth                |        |               |
| Facility: & 17.21m     | 2008   | Scott Block, S. Ill. U. Edwardsville |        |               |
| 1 Charles Zilaitis     | SR     | Cornell College                      | 16.56m | 54-04.00 10   |
| 15.75m FOUL            | 16.52m | 16.55m                               | 16.41m | 16.56m        |
| 2 Brady Stockwell      | JR     | Ripon                                | 15.33m | 50-03.50 8    |
| 14.80m                 | 14.06m | 15.33m                               | 14.98m | 15.09m 15.18m |
| 3 John Hintz           | SO     | Monmouth                             | 14.87m | 48-09.50 6    |
| 14.12m                 | 14.87m | 14.15m                               | 14.63m | FOUL FOUL     |
| 4 Dominic DiBenedetto  | SO     | St. Norbert                          | 14.46m | 47-05.25 5    |
| FOUL FOUL              | 13.75m | FOUL                                 | 14.46m | FOUL          |
| 5 Ben Stillwell        | JR     | Monmouth                             | 13.70m | 44-11.50 4    |
| 13.05m                 | 13.29m | 13.22m                               | 13.46m | 13.70m 12.91m |
| 6 Brenden Taylor       | SO     | Beloit                               | 13.28m | 43-07.00 3    |
| 12.81m                 | FOUL   | 12.77m                               | 13.22m | 13.28m FOUL   |
| 7 Jackson Straughan    | SR     | Lawrence                             | 12.65m | 41-06.00 2    |
| 12.06m                 | 12.65m | FOUL                                 | FOUL   | 12.06m 12.19m |
| 8 Joe Krall            | FR     | Monmouth                             | 12.58m | 41-03.25 1    |
| 12.03m                 | 11.58m | 12.46m                               | 12.01m | 12.58m 12.29m |
| 9 Nathan Deushane      | SO     | Illinois College                     | 12.21m | 40-00.75      |
| FOUL                   | 11.62m | 12.21m                               | FOUL   | 11.67m FOUL   |
| 10 Jacob Paul          | SO     | Knox                                 | 11.56m | 37-11.25      |
| 11.26m                 | 11.56m | FOUL                                 |        |               |
| 11 Ethan Harycki       | SO     | Beloit                               | 11.52m | 37-09.50      |
| 9.64m                  | 11.45m | 11.52m                               |        |               |
| 12 Tyler Paul          | FR     | Knox                                 | 11.35m | 37-03.00      |
| 10.51m                 | 11.35m | 11.00m                               |        |               |
| 13 Isaiah Lucas        | FR     | Knox                                 | 10.67m | 35-00.25      |
| 10.67m                 | 10.22m | 9.48m                                |        |               |
| 14 Michael Strawbridge | SO     | Beloit                               | 9.70m  | 31-10.00      |
| 9.70m                  | 9.00m  | 8.86m                                |        |               |
| 15 Jimmy Geraghty      | SO     | Lawrence                             | 9.58m  | 31-05.25      |
| 8.80m                  | 8.75m  | 9.58m                                |        |               |
| 16 Gabe Baker          | FR     | Lawrence                             | 9.39m  | 30-09.75      |
| FOUL                   | FOUL   | 9.39m                                |        |               |
| 17 Mason Robinson      | FR     | Cornell College                      | 8.17m  | 26-09.75      |
| 8.17m                  | 7.63m  | 7.40m                                |        |               |
| -- Nathan King         | SR     | St. Norbert                          | FOUL   |               |
| FOUL                   | FOUL   | FOUL                                 |        |               |

Women - Team Rankings - 7 Events Scored

|                    |       |                     |       |
|--------------------|-------|---------------------|-------|
| 1) St. Norbert     | 91.50 | 2) Monmouth         | 54    |
| 3) Cornell College | 43.50 | 4) Illinois College | 23.50 |
| 5) Ripon           | 16.50 | 6) Grinnell         | 14    |
| 7) Lawrence        | 13    | 8) Beloit           | 11    |
| 9) Knox            | 3     |                     |       |

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**....Men Shot Put**

=====  
Men - Team Rankings - 7 Events Scored  
=====

|                    |    |                     |    |
|--------------------|----|---------------------|----|
| 1) Monmouth        | 62 | 2) St. Norbert      | 49 |
| 3) Cornell College | 44 | 4) Illinois College | 26 |
| 5) Ripon           | 25 | 6) Grinnell         | 23 |
| 7) Beloit          | 17 | 7) Lawrence         | 17 |
| 9) Knox            | 9  |                     |    |