

**Lawrence University Women's Outdoor Track Records
(through 2015)**

100 meters	12.36	Diana Ling	1994
100-meter hurdles	15.42	Sara Olson	1996
200 meters	25.94 26.13	Marva Goodson Anna Huber	2009 1999
400 meters	58.35	Betsy Blahnik	1992
400-meter hurdles	1:05.52	Sarah Slivinski	2003
800 meters	2:14.30	Shelley Ebert	2003
1,500 meters	4:45.14	Julie Wick	1983
3,000 meters	10:26.54	Julie Wick*	1984
3,000 steeplechase	11:37.64	Sally Schonfeld	2002
5,000 meters	18:29.71	Julie Liebich	1999
10,000 meters	37:18.34 38:45.18	Kate Leventhal Julie Liebich*	1983 1999
4x100 meter relay	49.18	Diana Ling, Bridget Nalls Betsy Blahnik, Debbie Czarniecki	1992
4x400 meter relay	4:03.28	Shelley Ebert, Jess Moser Sarah Slivinski, Kim Boeckers	2003
Shot put	39-10.25	Stephanie Samuel	1989
Discus	126-5	Jessica Reeves	1997
Javelin	124-3.5	Alissa Joseph	1997
High jump	5-5.25	Madeline Steininger	2009
Long jump	19-0.5	Diana Ling	1992
Triple jump	37-5	Diana Ling	1992
Pole vault	10-2	Rebecca Glon	2006
Hammer throw	145-4	Genna Matt	2015
Heptathlon	4,345	Sarah Slivinski	2003

*--Denotes Midwest Conference record

Women's Finishes at the Midwest Conference Outdoor Track Championships

Year	Place	Points	Champions
2015	Ninth	20.33	None
2014	Ninth	28	None
2013	Seventh	39	None
2012	Seventh	30	Anna Bolgrien, 400-meter hurdles
2011	Eighth	10	None
2010	Ninth	18	Rose Tepper, high jump
2009	Ninth	22	Madeline Steininger, high jump
2008	Eighth	27	None
2007	Eighth	39.5	Tatiana Bulat, triple jump
2006	Seventh	42	None
2005	Ninth	14	None
2004	Sixth	60.5	Courtney Miller, 1,500 meters and 800 meters
2003	Third	108	Shelly Ebert, 1,500 meters and 800 meters (named Outstanding Track Performer)
2002	Third	98	Shelly Ebert, 800 meters Sally Schonfeld, 1,500 meters and 5,000 meters (Schonfeld named Outstanding Track Performer)
2001	Fifth	80	Valerie Curtis, 5,000 meters
2000	Third	87	None
1999	Second	144	None
1998	Third	106	Elizabeth Bashaw, Long Jump Sara Olson, 100-meter hurdles Cathy Kempen, 10,000M, Alyssa Bonine, Pole Vault (exhibition)
1997	Fifth	74	Sara Olson, 100-meter hurdles
1996	Seventh	45.4	None
1995	Tenth	10	None
1994	Fourth	76.5	Robin Dvorak, 10,000 meters Diana Ling, Long Jump and Triple Jump
1993	Sixth	60	Heather Hill, 5,000 meters
1992	Third	121	4x100 meter relay (Diana Ling, Bridget Nalls, Betsy Blahnik, Debbie Czarniecki) Bridget Nalls, Triple Jump Diana Ling, Long Jump (Ling received All-American honors for third-place finish at NCAA Division III Championships)
1991	Third	95	4x400 meter relay (Diana Ling, Vickie Leathers, Lauren Gatti, Betsy Blahnik) Diana Ling Long Jump Betsy Blahnik 400 meters
1990	Second	122	4x400 meter relay (Missy Nohr, Crystal Maksymenko, Debbie Czarniecki, Betsy Blahnik) Debbie Czarniecki, 400 meters
1989	Third	97	Stephanie Samuel, Shot Put
1988	Second	109	Amy Neubert, 400 meters
1987	Ninth	25	None
1986	Seventh	34	Stephanie Samuel, Long Jump
1985	Eighth	24	None
1984	Fifth	47	Julie Wick, 1,500 meters and 3,000 meters Carol Krasin 10,000 meters
1983	RECORDS MISSING		
1982*	Third	77	Robin Chapman, Shot Put and Discus

1981* Third 61 Kate Leventhal 2-mile
 1980* RECORDS MISSING
 *WIC-WAC Conference Meet

Lawrence University Men's Outdoor Track and Field Records

100 meters	11.10	Josh Meyer	2001
110-meter hurdles	15.34	Cliff Rohadfax	1984
200 meters	22.48	Josh Meyer	2001
400 meters	50.18	Eric Davis	1999
400-meter hurdles	55.74	Matt Kehrein	1997
800 meters	1:55.24	Todd Hausmann	1983
1,500 meters	3:59.34	Keith VanderMeulen	1989
3,000 steeplechase	9:04.29	Eric Griffin	1985
5,000 meters	15:05.84	Eric Griffin	1985
10,000 meters	31:01.74	Jim Miller	1978
4x100 meter relay	43.38	Adrell Bullock, Nate Semenak, Chris McFarlane Kolade Agbaje-Williams	2005
4x400 meter relay	3:23.80	Jeff Campbell, Steve Jung, Steve Dobbe, Ray Ramsey	1987
Shot put	53-9.5	Ron Wopat	1978
Discus	171-0 166-4	Ron Wopat Ron Wopat*	1978 1977
Javelin	195-7	Erik Ehlert	1985
Pole vault	14-6.5	Doug Gilbert	1972
High jump	6-6	Brian Koeneman Bob Eddy	1987 1979
Long jump	23-9.5	Mark Frodesen	1969
Triple jump	47-4	Mark Frodesen	1969
Hammer throw	157-4	Nick Kerkman	2012
Decathlon	5,331	James Hahn	2005

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Men's Finishes at the Midwest Conference Outdoor Track Championships

Year	Place	Points	Champions
2015	Ninth	13	None
2014	Seventh	37	None
2013	Seventh	54	Sam Stevens, 3,000 steeplechase
2012	Sixth	50	Sam Stevens, 1,500 meters
2011	Ninth	17	None
2010	Ninth	13	None
2009	Ninth	8	None
2008	Ninth	8	None
2007	Eighth	38	None
2006	Ninth	36	None
2005	Fourth	71.5	None
2004	Sixth	44	Kolade Agbaje-Williams, Long Jump
2003	Sixth	52	Kolade Agbaje-Williams, Long Jump and Triple Jump (Named Outstanding Field Performer)
2002	Seventh	39.5	None
2001	Seventh	38	Don Smith, 800 meters
2000	Sixth	64	None
1999	Sixth	55	None
1998	Sixth	39	None
1997	Sixth	44	Scott Sprtel, 10,000 meters and 5,000 meters
1996	Ninth	33	Scott Sprtel, 10,000 meters
1995	Ninth	17	None
1994	Eighth	42	Sylvain White, Triple Jump
1993	Eleventh	15	None
1992	Seventh	27	None
1991	Eighth	26	None
1990	Fifth	54	None
1989	Sixth	56	None
1988	Seventh	52	None
1987	Fifth	55	Steve Wereley, Long Jump and Triple Jump
1986	Fourth	78	Steve Wereley, Long Jump and Triple Jump Chris Berger, 5,000 meters and 10,000 meters Erik Ehlert, Javelin Eric Griffin, 3,000-meter steeplechase
1985	Fourth	73	Chris Berger, 1,500 meters and 5,000 meters Erik Ehlert, Javelin Eric Griffin, 3,000-meter steeplechase
1984	Fifth	58	Eric Griffin, 3,000-meter steeplechase Chris Berger, 5,000 meters
1983	Sixth	29	Eric Griffin, 3,000-meter steeplechase Todd Hausmann, 800 meters
1982	Sixth	33	None
1981	Seventh	34.5	Ken Urbanski, Discus Mark Lisy, 800 meters
1980	Sixth	50	Ken Urbanski, Discus Joe Socha, Triple Jump
1979	***		
1978	Third	74	Ron Wopat, Discus and Shotput Jim Miller, Six-mile run Rob Stevens, Long jump
1977	Third	69.5	Ron Wopat, Discus and Shotput
1976	Fourth	61	Ron Wopat, Discus and Shotput

1975	Fifth	49	Ron Wopat, Discus and Shotput
1974	Fifth	22	None
1973	Eighth	15	Tom Keith, Long Jump
1972	Sixth	22	Doug Gilbert, Pole Vault Tom Keith, Long Jump
1971	Ninth	8	None
1970	Third	42	Jim Toliver, Long Jump Lance Alwin, Shot Put Mark Frodesen, Triple Jump and 100 yard dash
1969	Second	45	Lance Alwin, Discus Mark Frodesen, Long Jump 440 yard Relay Team
1968	Fifth	28	Ron Messmann, 100 yd dash and 220 yard dash
1967	Second	51	Paul Henningson, Shotput Chuck McKee, Long Jump, 120yd high hurdles, and Triple Mile Relay team – Schultz, Miller, Messmann, Porter
1966	Fourth	28	Chuck McKee, Long Jump and 220 yd. Low Hurdles Chuck Porter, 440 yd Dash
1965	Fifth	18	Dick Schultz, Broad Jump
1964	Tenth	9	Bob Pepper, Pole Vault
1963	Fourth	27	Don Kersemeier, 100 yd. Dash and 220 yd. Dash
1962	Ninth	7 5/6	None
1961	Seventh	18 1/5	None
1960	Eighth	9	None
1959	Eighth	6	Tad Pinkerton, Mile Run
1958	Third	27	Tad Pinkerton, Mile Run Dave Mulford, 880 yard run John Winsor, Discus
1957	Seventh	16	John Winsor, Discus
1956	Fifth	24 1/2	Winslow Jones, Two mile
1955	Sixth	10	None
1954	Fifth	25	Gary Winske, 440 yard run
1953	Fifth	13	None
1952	Seventh	9 1/2	Richard Lougee, Pole Vault
1951	Third	39	Sid Ward, High Jump and Discus
1950	Sixth	18	John Lowe, Javelin
1949	Second	35	Pete Schmidt, 880 yard run
1948			
1947	First	45	None
1946	First	57 1/2	Flom 440 yard run George Vanderweyden , 220 low hurdles Bob Brebner, Shotput and High Jump Foster, High Jump (tie w/ Brebner) Paul Nelson, Discus Mile Relay Team
1945	No Competition		due to war
1944	No Competition		due to war
1943	First	63 1/3	Jim Fieweger – Shotput, High Jump, 120 High Hurdles, 220 Low Hurdles, and Broad Jump
1942	Third	33	Jim Fieweger – Shotput, High Jump, 120 High Hurdles, 220 Low Hurdles, and Broad Jump