EXTENSION OF THE HOPELESSNESS THEORY OF DEPRESSION

DISTAL  PROXIMAL

ATRIBUTIONAL STYLE (DIATHESIS)

LOW SELF-ESTEEM (DIATHESIS)

NEGATIVE LIFE EVENTS (THE STRESS)

REASSURANCE-SEEKING (CLINGY)
INTERPERSONAL STYLE (DIATHESIS)

HOPELESSNESS

SYMPTOMS OF HOPELESSNESS DEPRESSION
1. Sad Affect
2. Motivational Deficit
3. Lack of Energy
4. Anhedonia
5. Psychomotor Retardation
6. Sleep Disturbance
7. Concentration Off
8. Suicide