A pervasive pattern of perfectionism and inflexibility, beginning by early adulthood and present in a variety of contexts, as indicated by at least five of the following:

1. perfectionism that interferes with task completion, e.g., inability to complete a project because own overly strict standards are not met
2. preoccupation with details, rules, lists, order, organization, or schedules to the extent that the major point of the activity is lost
3. unreasonable insistence that others submit to exactly his or her way of doing things, or unreasonable reluctance to allow others to do things because of the conviction that they will not do them correctly
4. excessive devotion to work and productivity to the exclusion of leisure activities and friendships (not accounted for by obvious economic necessity)
5. indecisiveness: decision making is either avoided, postponed, or protracted, e.g., the person cannot get assignments done on time because of ruminating about priorities (do not include if indecisiveness is due to excessive need for advice or reassurance from others)
6. overconscientiousness, scrupulousness, and inflexibility about matters of morality, ethics, or values (not accounted for by cultural or religious identification)
7. restricted expression of affection
8. lack of generosity in giving time, money, or gifts when no personal gain is likely to result
9. inability to discard worn-out or worthless objects even when they have no sentimental value